
“I want to honour my history – how do I start, structure, spark the stories?”

Whether a fellow junior boomer 50+, or older adult 80-90s, enjoy the engaging tips and tools of **Sandy Ross**. Check [next dates](#) (workshops from \$30) for:

Storytelling Your Life • memoir writing

Want to reflect on pivotal people, experiences, times well lived – craft a memoir of a single theme, era, or more broad? Be inspired by how-to details in this writing workshop first made popular at past [Creative Age](#) festivals.

Storytelling Your Stuff • backstory of memorabilia, bits 'n bobs

Want to gift or edit out items, yet keep their sentiment – ensure any heirs know it? Our show 'n tell with writing tips guides you to preserve the story then, whenever the time's right, respectfully let go the items.

“Sandy's given me new direction for my story • brought us out of our shell, into memories • before coming, my stories were stalled • felt her inspiration • encouraging, constructive • practical • worth a great deal.”



Story circles • [read elders' sample works](#) at SandyRoss.ca, story circle

*“Sandy's amazing, residents adore her; **listens, values their stories**; talented facilitator, writer.”*

/SB, Royalcliffe programs mgr. (retired)

“My son saw my writing and said, ‘Mom, you never told me these stories; keep writing them’.”



To your loved ones who say ‘I don't need any presents’ on special occasions, **gift them sessions** with Sandy – their stories will be gifts-in-kind to you, too!

‘your stories well told, your Word's Worth’

story facilitator • wordsmith • communicator-on-call



519.871.word (9673)

www.SandyRoss.ca

Sandy Ross marks **25 years** (so far) in her business, *Word's Worth*.



wordsmith • clients rely on her to write well-crafted copy true to their voice
writing coach • 1-to-1 feedback helps at any stage of your creative process
NCCA-certified **Arts & Aging educator** • *Storytelling Your Life* series, ideal for *creative agers* 50+, is vibrant programming for public forums or seniors' clubs. And story circle, as runs monthly since 2014 in one retirement residence, is much enjoyed by elders reminiscing together on guided topics – all feel *heard*.
